



# HIGHER EDUCATION COMMISSION

H-9, ISLAMABAD-PAKISTAN  
(A&C Division)

No.15-51/A&C/2019/HEC/1585

Dated Thursday, the April 30, 2020

## **NOTIFICATION**

With a view to recommend a strategy to address the psychosocial issues emanating from the current Covid-19 pandemic, Competent Authority has been pleased to constitute the following **HEC Covid-19 Committee for Psychosocial Wellbeing**:

1. **Dr. Syed Zulfiqar Gilani [Coordinator & Lead]**  
Program Specialist - Academics, HEC
2. **Mr. Owais Ghani**  
(Former) Provincial/Federal Minister; and Governor Baluchistan & (erstwhile) NWFP
3. **Dr. Kausar S. Khan**  
Indus Health Network, Karachi
4. **Dr. Mowadat H Rana**  
Adjunct Professor, Psychiatry & Behavioral Sciences, UHS, Lahore
5. **Dr. Saima Dawood**  
Director, Centre for Clinical Psychology, University of Punjab, Lahore
6. **Dr. Siham Sikander**  
Faculty, Public Mental Health, Health Services Academy, Islamabad
7. **Dr. Ghulam Rasool**  
Dean, Faculty of Psychiatry & Behavioral Sciences, Bolan Medical University, Quetta
8. **Dr. Ali Madeeh Hashmi**  
Associate Professor of Psychiatry, King Edward Medical University, Lahore
9. **Mr. Fazal Abbas Maken**  
Consultant (Institutional Reforms), HEC

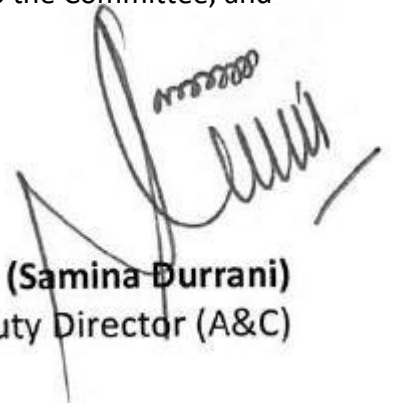
02. The **Terms of Reference** of the Committee are as follows:

Scope of work of the Committee includes, but may not be limited to, the following:

- a) Develop concept paper, roadmap, and guidelines and facilitate establishment of psychosocial support services in HEIs, initially for the academic community (students, faculty, management, and staff).

- b) Establish linkages with global or regional partners for information and knowledge exchange.
- c) Establish linkages with the relevant ministries and other relevant institutions and stakeholders for bi-directional information and knowledge exchange.
- d) Develop guidelines for establishing psychosocial support services for communities other than the academic community.
- e) Develop strategies, advisory notes, and produce or get produced, materials on Covid-19-related and other psychosocial issues.
- f) Liaise with relevant institutions for implementation of (d) and (e).
- g) Identify psychosocial issues/areas requiring research; and facilitate such research.

03. Ms. Tuba Rahna will extend necessary secretariat support to the Committee, and may be reached at [trahna@hec.gov.pk](mailto:trahna@hec.gov.pk) for any further assistance/query.



(Samina Durrani)  
Deputy Director (A&C)

**Distribution to:**

All Members of the HEC Covid-19 Committee for Psychological Wellbeing

**c.c. to:**

- i. **The Secretary**, Ministry of FE&PT, and (ii) NHSRC
- ii. **The Vice Chancellor**, (i) UHS Lahore, (ii) BMU Quetta, (iii) KEMU Lahore, & (iv) HSA, Islamabad
- iii. **The Executive Director** NIH, Islamabad and **CEO** Indus Health Network, Karachi
- iv. All Divisional Heads, HEC
- v. **Executive Secretary to the** (i) Chairman HEC, and (ii) Executive Director, HEC